

Anxiety Disorders Guided Notes

Anxiety Disorders	
Generalized Anxiety Disorder	
Panic Disorder	
Phobia <ul style="list-style-type: none">• Social Anxiety Disorder• Agoraphobia	
Obsessive Compulsive Disorder (OCD)	
Posttraumatic Stress Disorder (PTSD)	

Read pp. 666-668 and answer

- **How does the learning perspective explain anxiety disorders?**

- **How does the biological perspective explain anxiety disorders?**
 - **What happens in the brain?**