- Free association is
 - a. a method of exploring the unconscious.
 - another name for hypnosis.
 - the major function of the superego.
 - d. an ego defense mechanism.
 - e. a method of dream analysis.
- 2. According to Freud, which of the following is true of the ego?
 - a. It focuses on how we ought to behave.
 - It is the source of guilt.
 - c. It is the part of the personality present at birth.
 - d. It strives to satisfy basic drives.
 - It operates under the reality principle.

- 3. Which of the following represents Freud's Oedipus complex?
 - Yutao has begun to suffer from the same recurrent nightmares he had as a child.
 - Madeline manifests repressed anxiety because of guilt she experienced when she disappointed her parents during toilet training.
 - Five-year-old Anagha is taking on many of her mother's values through a process of identification.
 - Four-year-old Carlos is experiencing unconscious sexual desire for his mother and unconscious hatred for his father.
 - Elle has begun to overeat and smoke cigarettes as a college student, indicating a degree of oral fixation.
- 4. According to Freud, which of the following defense mechanisms underlies all of the others?
 - Repression
- d. Projection
- b. Reaction formation
- e. Regression
- c. Displacement

- 1. What did Carl Jung call the shared, inherited reservoir of memory traces from our species' history?
 - a. Neurosis
 - b. Archetypes
 - Collective unconscious
 - d. Inferiority complex
 - e. Terror management
- 2. Scott Lilienfeld, James Wood, and Howard Garb (2001) wrote, "When a substantial body of research demonstrates that old intuitions are wrong, it is time to adopt new ways of thinking." What were they talking about?
 - a. MRI test
 - b. Rorschach inkblot test
 - Freud's work on the id and ego
 - d. Psychodynamic theories
 - e. Modern views of the unconscious

- According to the text, many research psychologists think
 of ______ as an information processor that works
 without our awareness.
 - a. the TAT
 - b. the id
 - c. repression
 - d. defense mechanisms
 - e. the unconscious

- 1. Which of the following theories offers a special focus on the potential for healthy personal growth?
 - a. Neo-Freudian
 - b. Psychodynamic
 - c. Humanistic
 - d. Behavioral
 - Functionalist
- 2. What do we call the process of fulfilling our potential?
 - a. Free association
 - b. Self-transcendence
 - Unconditional positive regard
 - d. Self-concept
 - e. Self-actualization
- Humanistic psychologists often prefer to assess personality by
 - a. having a person write out answers to questions.
 - sitting down and talking to a person.
 - getting a person to describe what he or she sees in ambiguous inkblots.
 - d. having a person describe their dreams.
 - putting a person in a stressful situation to see how he or she behaves under pressure.

- 4. Which of the following is an example of unconditional positive regard?
 - a. Mr. and Mrs. Prohaska, who have been married for 37 years, credit the success of their marriage to the fact that each has been able to accept the faults of the other without criticism.
 - Seven-year-old Michaela gets her allowance each week whether she does her chores or not.
 - c. Ms. Lopez, a second grade teacher, puts a smiley face sticker on her students' papers when they have done a good job.
 - d. John got a promotion and a raise at work after filling in for a sick manager one day and doing a better job than the manager had done previously.
 - Chen's parents usually praise him when he does well and ignore him when he engages in minor misbehavior.

- 1. Which of the following is the best term or phrase for a characteristic pattern of behavior or a disposition to feel and act?
 - a. Myers-Briggs Indicator
 - Factor analysis
 - Introversion
 - d. Extroversion
 - e. Trait
- 2. Which of the following is a "Big Five" personality factor?
 - a. Seriousness
 - b. Neuroticism
 - c. Dutifulness
 - d. Dominance
 - e. Abstractedness
- 3. Which of the following is best described along a continuum ranging from ruthless and suspicious to helpful and trusting?
 - a. Conscientiousness
 - b. Agreeableness
 - c. Openness
 - d. Extraversion
 - e. Perfectionism

- 4. Which of the following is true based on "Big Five" personality traits research?
 - Highly conscientious people are likely to be evening people or "owls."
 - b. Highly conscientious people get poor grades.
 - Married partners scoring the same on agreeableness are more likely to experience marital dissatisfaction.
 - Shy introverts are more likely to prefer communicating through e-mail instead of in person.
 - Neuroticism predicts the use of positive-emotion words in text messages.