Personality Theories Application: Character Analysis   Name:_____

Character: **Michael Scott**   from **The Office**

Complete the attached activity sheet using the guidelines below to analyze your character's personality from **your group's assigned perspective**. You need to include details to support your analysis. Within each personality theory application, provide quotes from your character or specific scenes that demonstrates the personality traits of your character.

All:
1. Character's general personality description using observable data as supporting details.

Group 1:
2. Freud's View
    a. Are there any fixations occurring in any stages of psychosexual development?
    b. Does the ego is well balanced or does it rely on the id or superego more when making decisions?
    c. Provide an example of at least two defense mechanisms used by your character.

Group 2:
3. Adler's View
    a. Adler's Theory – Is your character able to compensate for their weakness the majority of the time? If yes explain ways they compensate.
    b. If no in what ways does their inferiority complex show itself (dominant, submissive, or withdrawn).

Group 3:
4. Maslow's View
    a. Where are they on the pyramid? What level on the needs pyramid is your character currently working on and how do you see this in the plot?

5. Julian Rotter's View
    a. Does this character seem to believe in an internal or external locus of control?

Group 4:
6. Roger's View
    a. Roger's Theory – What is your character's Ideal Self (self-image and goals)?
    b. Describe his/her Real (True) Self (their current ability, skill set, and behaviors).
    c. Do his/her family and friends provide them with unconditional positive regard or conditional positive regard?

Group 5:
7. Trait Theory: Big Five
   a. Describe where on each of the five trait spectrums your character falls.

Low scoring on trait		High Scoring on trait	Explanation
	C		
	A		
	N		
	O		
	E		